DRIVER QUALIFICATION FILE

CHECKLIST

1	DRIVER APPLICATION FOR EMPLOYMENT	391.21
2	_ INQUIRY TO PREVIOUS EMPLOYERS (3 YEARS)	391.23(a)(2) & (c)
3	INQUIRY TO STATE AGENCIES	391.23(a)(1) & (b)
4	MEDICAL EXAMINER'S CERTIFICATE* (MEDICAL WAIVER, IF ISSUED)	391.43
5	_ DRIVER'S ROAD TEST	391.31
6	CERTIFICATION OF ROAD TEST*	391.31
7	ANNUAL DRIVER'S CERTIFICATE OF VIOLATIONS	391.27
8	ANNUAL REVIEW OF DRIVING RECORD	391.25
9	_ CHECKLIST FOR MULTIPLE EMPLOYER	391.51(d)
*NOTE:	DRIVERS MUST BE ISSUED COPIES OF THESE CERTIFICA NEED ONLY HAVE A COPY OF THE MEDICAL EXAMINER	

IN THEIR POSSESSION WHILE DRIVING.

	 	 _

	FILI				PPLICATION ON REQUESTED		
•••••		·	·				•••••
Date:							
Name:	First		_Middle		Last		
Address					Home te	lephone:	
City		State	Zip		Cellular tele	ephone:	
ate of E	Birth:			Social So	ecurity Number:		
f your a	bove address is	less than 3 year	s continue list	ting them below	v to cover the pr	evious 3 year p	eriod:
1	Street				Dat	es: From	То
	-			_			
2						es: From	
-						CS. 110III	10
		•••••	•••••		••••••		
3						es: From	To
	City			_			
		<u>Use</u>	backside of s	heet for additi	onal addresses		
river's	License Inform	ation: all licens	es held, last 3	years:			
tate	N	Number			E	Expiration Date	;
tate	N	Number			E	Expiration Date	·
tate	N	Number			E	Expiration Date	:
Experien	ice:						
	Type of vehicle drive	n		to Dates		Approxima	ate mileage driven
	Type of vehicle drive	n		to Dates		Approxima	nte mileage driven
	Type of vehicle drive	n		to Dates		Approxima	ate mileage driven
All Accid	lents, last 3 year	rs: (If none, wri	te NONE)				
Date	1	Describe			Fatalities	Injı	ıries
Date	1	Describe			_ Fatalities	Inju	ries
Date]	Describe			Fatalities	Inju	ıries

List all Traffic Violat	ions Convictions, last 3 years: (If none, write N	ONE)			
Date	Violation	State	_ Commerc	cial Vehicle:	Yes / No
Date	Violation	State	_ Commerc	cial Vehicle:	Yes/No
Date	Violation	State	_ Commerc	cial Vehicle:	Yes/No
Date	Violation	State	_ Commerc	cial Vehicle:	Yes/No
Date	Violation	State	_ Commerc	cial Vehicle:	Yes/No
Date	Violation	State	_ Commerc	cial Vehicle:	Yes/No
Date	Violation	State	_ Commerc	cial Vehicle:	Yes / No
Date	Violation	State	_ Commerc	cial Vehicle:	Yes / No
Have you ever had an	ny driver license denied, suspended, revoked or	canceled by any is	ssuing state	agency?	
□Yes □No	If yes; state of issuance; explanation:				
Address: City, State, Zip c Were you subject to a	ode: the Federal Motor Carrier Safety Regulations d Grant 40 controlled substance and alcoho	Supervisor: Telephone: during this period? ol testing during the	nis period?	□Yes	
	Su				
	ode:				
	he Federal Motor Carrier Safety Regulations d	_		□Yes	□ No
Were you subject to	49 CFR part 40 controlled substance and alcoho	ol testing during th	his period?	□Yes	□No
Keason for Leaving:					

	Employer:	Dates:	to			
	Address:	Supervisor:				
	City, State, Zip code:					
We	re you subject to the Federal Motor Carrier Safety Regulations o	luring this period?	☐ Yes	□No		
We	re you subject to 49 CFR part 40 controlled substance and alcoh	ol testing during this period	? Yes	□No		
Rea	son for Leaving:					
••••						
4)	Employer:	Dates:	to			
	Address:	Supervisor:				
	City, State, Zip code	Telephone:				
We	re you subject to the Federal Motor Carrier Safety Regulations o	luring this period?	☐ Yes	□No		
We	re you subject to 49 CFR part 40 controlled substance and alcoh	ol testing during this period	? Yes	□No		
Rea	son for Leaving:					
			•••••	•••••		
		Datam	4 -			
3 <i>)</i>	Employer:					
))	Address:	Supervisor:				
	Address:City, State, Zip code:	Supervisor:				
	Address:City, State, Zip code:re you subject to the Federal Motor Carrier Safety Regulations of	Supervisor: Telephone: during this period?	□Yes			
We	Address:City, State, Zip code:	Supervisor: Telephone: during this period?	□Yes			
We We	Address:City, State, Zip code:re you subject to the Federal Motor Carrier Safety Regulations of	Supervisor: Telephone: during this period? ol testing during this period	□Yes	□ No		
We Rea	Address:	Supervisor: Telephone: during this period? ol testing during this period	□Yes ? □Yes	□ No		
We We	Address:	Supervisor: Telephone: during this period? ol testing during this period Dates:	☐ Yes ? ☐ Yes to	□ No		
We We	Address:	Supervisor: Telephone: during this period? ol testing during this period Dates: Supervisor:	☐ Yes ? ☐ Yes to	□ No		
Weeker	Address:	Supervisor: Telephone: during this period? ol testing during this period Dates: Supervisor: Telephone:	☐ Yes ? ☐ Yes to	□ No		
We We Rea	Address:	Supervisor: Telephone: during this period? ol testing during this period Dates: Supervisor: Telephone:	☐ Yes ? ☐ Yes to	□ No		
Weeker	Address:	Supervisor: Telephone: during this period? ol testing during this period Dates: Supervisor: Telephone: during this period?	□Yes ? □Yes to □Yes	□ No		

7) Employer:		Dates:	to				
Address:		Supervisor:					
City, State, Zip code:		Telephone:					
Were you subject to the Fed	leral Motor Carrier Safety Reg	ulations during this period?	□Yes □No				
Were you subject to 49 CFR	t part 40 controlled substance a	and alcohol testing during this per	riod?				
Reason for Leaving:							
	Use backside of sheet for	or additional employers					
Driver License (C	DL) the applicant mus	otor vehicles that requirest disclose their controllements of 49 CFR part 4	ed substance and				
right to have errors in the info corrected information to the	ormation corrected by the previous prospective employer; the right	w information provided by previous employer(s) and for that previous to have a rebuttal statement attacheree on the accuracy of the informat	s employer(s) to re-send the ed to the alleged erroneous				
years, and wish to review prospective employer, which employed or being notified applicant within five (5) busi requested information from prospective employer receive or receive the requested reco	orevious employer provided inv may be done at anytime, include of denial of employment. The ness days of receiving the written the previous employer(s), then is the requested safety performance	ortation regulated employment his estigative information, must subning when applying or as late as the prospective employer must proving request. If the prospective employer the five (5) business day deadled the history information. If the drive prospective employer making the uest to review the records.	nit a written request to the hirty (30) days after being ride this information to the eyer has not yet received the lines will begin when the r has not arranged to pick up				
	Certif	ication					
"I certify that this applica and complete to the best of		and that all entries on it and i	ıformation in it are true				
Applicant	's Signature	Date	Signed				
TO BE COMPLETED BY	ΓΗΕ EMPLOYER:						
Application received by:		Application reviewed for con	npleteness by:				
Name		Name					
Title	Date	Title	Date				
SIGNIFICANT DATES:	Date of Hire:						
	Time & Date of Pre-Employment CS	 TT:					
	Time & Date of Pre-Employment Co	ST Results Received:					
	Date First Used in Safety Sensitive F	Position:					
	Date of Termination:						

_	

COMMERCIAL VEHICLE DRIVER APPLICANT Controlled Substance and Alcohol Questionnaire Pursuant to 49 CER part 40 25(i)

•••••			FR part 40.25(j)	•••••	
Application Da	ate				
Name First	Middle		Last		
Address			Home Telephone		
City	State	Zip	Cell Telephone		
Date of Birth		S	Social Security Number		-
		49 CFR	40.25(j)		
	ver tested positive, or ro ohol test administered		on any pre-employment		
for, but did		sitive transpor	tation work covered by	YES	NO
for, but did DOT agency	not obtain, safety-sen	sitive transpor ng rules during	tation work covered by the past two years?	YES	NO
for, but did DOT agency If YES —	not obtain, safety-sensy drug and alcohol testing Have you successfull process?	sitive transporing rules during y completed the	tation work covered by the past two years? The return-to-duty ROVIDED before any s	YES	NO
for, but did DOT agency If YES —	Have you successfull process? Documentation March transportation further signature	sitive transporing rules during y completed the	tation work covered by the past two years? The return-to-duty COVIDED before any s formed.	YES	NO
for, but did DOT agency If YES — If YES —	Have you successfull process? Documentation March transportation full process.	sitive transporing rules during y completed the	tation work covered by the past two years? The return-to-duty COVIDED before any s formed.	YES afety-sens	NO

The Federal Motor Carrier Safety Regulations require <u>all</u> previous employers of this applicant to respond to this request for information within 30 days. Failure to comply with this request is in violation of 49CFR 391.23 and 40.25, for which you may be prosecuted. Questions concerning the requirements of this regulation should be directed to the Minnesota Division Office of the Federal Motor Carrier Safety Administration at 651-291-6150, during business hours.

TO:			DATE:
	Former Employer's Name		
	Mailing Address		
	City / State / Zip		
	Telephone #	Fax Number	
T	11.	diserve .	4
or drug test rehabilitation each and even employment agents from person and/	s, with confirmed results, and/or my re on completion under direction of Substa- very company (or their authorized agen- nt with said company. I, hereby, release a any and all liability of any type as a re- vor company.	fusal to submit to any ance Abuse Professio (s) making such reque to the above named co	to release to all records of d fitness, including the dates of any and all alcohol y alcohol and drug tests and any and (SAP) and/or Medical Review Officer (MRO) to est in connection with my application for ampany, and its employees, officers, directors, and following information to the below mentioned
Applicant	's Signature & Date		
Witness's	Signature & Date		
REQUEST			
	Company:		
	Address/City/State/Zip:		For Number
	C		Fax Number:
NAME OF			SSN
JOB APPI	LYING FOR:		
	INQUIRY INTO EMPI	OYMENT HISTO	RY, PRECEDING 3 YEARS
	t work for you as aase explain:	from	n/ to/YES or NO IF
			Owner/Operator? Other?
accidents? Y	ES or NO IF YES, please give date	(s) and brief descripti	ion of each accident:
Why did this	s employee leave your company?		
Would you r	e-employ this person? YES or NO I	F NO, please explain	ı:
Additional co	omments:		
			CES INFORMATION, PRECEDING 2 YEARS
	with a result of 0.04 or greater?		If yes, please give date(s):
-	tive controlled substances test results?		If yes, please give date(s):
≺etusals to b	be tested?		If yes, please give date(s):
T 7 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1 . 10		
Was rehabili	tation completed as required?	YES or NO	If yes, please give date(s):
	tation completed as required? ng the above information:	YES or NO	If yes, please give date(s):
	•		If yes, please give date(s): Title:

			Driver's Name
			Driver's Operators Lic. No.
			Driver's Social Sec. No.
Dear			
			nt as a driver. Applicant has indicated your State to applicant and that it is in
	the driving reco	ord during the preceding	r Carrier Safety Regulations, we are 3 years of every State in which an g those 3 years.
Therefore, please certify to no record exists if that be the o		dual's driving record is for	the preceding 3 years, or certify that
			raking such inquiries, please send us e driving record of this individual.
			Respectfully yours,
(printed) name of person making inq	uiry		
Title of person making inquiry			
Motor Carrier Name			
Street	City	State	Zip

MEDICAL EXAMINER'S CERTIFICATE

I certify that I have examined	in accordance with the Federal ! the driving rules, I find this person is qualifi	
	driving within an exempt intracity zone (49 c accompanied by a Skill Performance Evaluat qualified by operation of 49 CFR 391.64	
The information I have provided regarding the physical exa any attachment embodies my findings completely and correc		camination form wit
Signature of Medical Examiner	Telephone	Date
Medical Examiner's Name (Print)	□ MD □ DO □ Physician Assistant	☐ Chiropractor ☐ Advanced Practice Nurse
Medical Examiner's License or Certificate No. / Issuing St	até	
Signature of Driver	Driver's License No.	State
Address of Driver		
Medical Certificate Expiration Date		

DRIVER'S ROAD TEST EXAMINATION

Driver's Name:			
Driver's Address:			
City:		State:	Zip:
motor carrier must be giv competent to evaluate and	en the test by another persistence whether the persistence whether the persistence are the persistence and the persistence are the persistence and the persistence are	son. The test sha son who takes the	by it. However, a driver who is a ll be given by a person who is test has demonstrated that he or motor carrier intends to assign.
Rating of Performance			
	The pre-trip inspection (as required by 49	CFR 392.7).
	Coupling and uncoupling may drive includes comb		units, if the equipment he or she
	Placing the equipment in	operation.	
	Use of vehicle's controls	s and emergency e	equipment.
	Operating the vehicle in	traffic and while	passing other vehicles.
	Turning the vehicle.		
	Braking and slowing the	vehicle by means	s other than braking.
	Backing and parking the	vehicle.	
	Other, explain:		
Type of equipment used in	giving the test:		
Examiner's signature:		I	Date:
Remarks:			

If the road test is successfully completed, the person who gave it shall complete a certificate of driver's road test.

CERTIFICATE OF DRIVER'S ROAD TEST

Instructions: If the road test is successfully completed, the person who gave it shall complete a certificate of the driver's road test. The original or copy of the certificate shall be retained in the employing motor carrier's driver qualification file of the person examined and a copy given to the person who was examined. (49 CFR 391.31(e)(f)(g))

Driver's Na		
Social Secu	rity Number	
Operator's	or Chauffeur's License Number	
State		
Type of Po	ower Unit	
Type of T	railer(s)	
If passenger	r carrier, type of bus	
	This is to certify that the above-named driver was given a road test under my supervision on	
	(Signature of Examiner)	
	(Title)	
	()	

ANNUAL MOTOR VEHICLE DRIVER'S CERTIFICATION OF VIOLATIONS

the following	for which I have bee	olete list of traffic violation on convicted or forfeited bond	
Date	Offense	Location (City/State)	Type of Vehicle
			Operated
forfeited bo		re, I certify that I have not be account of any violation requi	
		(Date of Certification)	
		(Driver's Signature)	
	ANNUAL R	EVIEW OF DRIVING RECOR	D
driving reconstruction driving reconstructions or is disquared in reconstructions accident reconstructions operations of speeding, reduced, that public. A copy	ord of s the minimum require alified to drive a moviewing this driver's at the driver has vice or Hazardous Materia cord and any evidence of motor vehicles, and eckless driving, and indicate that the dr	to determine the safe driving specification vehicle pursuant to 49 CFR record, I certify that I have plated any applicable Federal Mals Regulations; and considered that the driver has violated and I have given great weight to operating while under the inflativer has exhibited a disregard of the maintained in the form shall be maintained in the by 49 CFR 391.51.	mine whether or not ed in 49 CFR 391.11 391.15. considered any otor Carrier Safety the driver's laws governing the violations, such as uence or alcohol or of the safety of the
(Motor Carrie	r's Name)	(Review Date)	
(Motor Carrie	r's Address)	(Reviewed By: Signature	e) (Title)

DRIVER QUALIFICATION FILE

IN ADDITION TO THE ATTACHED DOCUMENTS, THE FOLLOWING ITEMS NEED TO BE REVIEWED AND CONTAINED IN THE DRIVER QUALIFICATION FILE.

COPY OF CURRENT DRIVER LICENSE.

ABSTRACT OF DRIVING RECORD MUST BE OBTAINED UPON HIRE AND KEPT IN THE FILE.

ABSTRACT OF DRIVING RECORD MUST BE OBTAINED ANNUALLY AND KEPT IN THE FILE.

NOTE-WHAT ITEMS NEEDS TO BE DONE UPON HIRE AND ANNUALLY BY REVIEWING THE NYSDOT COMPLIANCE MANUAL, WWW.NYSDOT.GOV.

Drug/Alcohol Testing Information and Prior Employer Check Data

§391.53 Driver Investigation History File.

- (a) After October 29, 2004, each motor carrier must maintain records relating to the investigation into the safety performance history of a new or prospective driver pursuant to paragraphs (d) and (e) of §391.23. This file must be maintained in a secure location with controlled access.
- (a)(1) The motor carrier must ensure that access to this data is limited to those who are involved in the hiring decision or who control access to the data. In addition, the motor carrier's insurer may have access to the data, except the alcohol and controlled substances data.
- (a)(2) This data must only be used for the hiring decision.
- (b) The file must include:
- (b)(1) A copy of the driver's written authorization for the motor carrier to seek information about a driver's alcohol and controlled substances history as required under §391.23(d).
- (b)(2) A copy of the response(s) received for investigations required by paragraphs (d) and (e) of §391.23 from each previous employer, or documentation of good faith efforts to contact them. The record must include the previous employer's name and address, the date the previous employer was contacted, and the information received about the driver from the previous employer. Failures to contact a previous employer, or of them to provide the required safety performance history information, must be documented.
- (c) The safety performance histories received from previous employers for a driver who is hired must be retained for as long as the driver is employed by that motor carrier and for three years thereafter.
- (d) A motor carrier must make all records and information in this file available to an authorized representative or special agent of the Federal Motor Carrier Safety Administration, an authorized State or local enforcement agency representative, or an authorized third party, upon request or as part of any inquiry within the time period specified by the requesting representative.

Other

Motor Carr							
	Motor Carrier Address:						
							rm the applicant that the
							of this section may be used, of investigating the applicant's
							(e) of §391.23. The prospective
							ts as specified in §391.23(i)
							ired disclosures are contained in
			and by reviev	ving the Fo	ederal	Motor Carri	ier Safety Regulations @
www.fmc	<u>sa.dot.g</u>	<u>IOV</u>					
Applicant 1	Nama:						Social Security #:
Current Ac						Г	Date of Birth:
City:	idless.			St.	Zip		Pate of Birtii.
City.				Si.	Zip		
		[Resid	lence Pasi	t 3 Y	ears	
Address:							
City:				St.	Zir)	How Long?
Address:							Č
City:				St.	Zip)	How Long?
Address:							
City:				St.	Zip)	How Long?
		Г	П .	1.0	1: 6:		
MAIZE A I	DIIOTO	CODY OF	Experience				
AND PLA				ERS LIC	ENS.	E AND ME	EDICAL CERTIFICATE
				ers of all	licens	ses held for	the past 3 years.
Пррпсант	iist the st	ates and ne	clise numbe	213 OI all 1	iicciis	ses neia ioi	the past 5 years.
STATE	LICEN	SE#	EXPIRA'	TION	CI	LASS A, B,	ENDORSEMENTS
STITLE	LICEI	SE II	DATE	11011	CELLISS II, B,		ENDORSEMENTS
			DRI	VING EX	PER	IENCE	
Equipment	Class	Type of I	Equipment	DATES	5		Approx # of Miles
Van,Flat,		Tank,etc	From		To	Total	
Straight Tr	uck						
Tractor Ser	mi						
Trailer							
Tractor with							
Doubles							
Tractor wit	th						
Triples							
Tractor wit	th						
Tank				1		I	

			Accident	s/Crashe	es for the past 3	3 years or		
DATE		(Back			f Accident , Rollover, Turning)		ties	Injuries
			ving Traffic bast 3 years.		ions and Forfe	eitures for		
Date of Conviction	Off	ense			Location		Type Oper	of Motor Vehicle rated
								_
A. Have you [] Yes [ied a licens	e, permi	t or privilege t	o operate	a motor	vehicle ?
B. Has any li	icens] No	e, permit	or privilege	ever be	en revoked?			
If yes, Expla	ain ir	Detail:						
	al Dr	•						(V) which require negative result
Do you cons	ent to	such Te	sting? []	Yes []	No			

In the past 2 years have you:	Yes	No
Tested positive for any Controlled Substances pre-employment test for any other		
company?		
Tested above .04 on any Alcohol pre-employment test for any other company?		
Refused to be tested for any pre-employment test for any other company?		

_		
Ziŗ	Code:	
•		
DATE:		
	ice for the past 10 y	rears
From:	To	
	S7	Γ:
yed by that previous	s employer? Yes _	No
From:	To	
	S7	Γ:
yed by that previous	s employer? Yes	No
From:	To	
City:	S7	Γ:
yed by that previous	s employer? Yes	No
From:	To	
City:	S7	Γ:
	1 0 7 7	TA T
yed by that previous	s employer? Yes	No
yed by that previous	s employer? Yes	No
	DATE: RD 391.21(b10) 391 ial Driving Experient From: City: City: Oyed by that previous From: City: Oyed by that previous From: City: Oyed by that previous From: From: From: From: From: City:	RD 391.21(b10) 391.23(d) (e) ial Driving Experience for the past 10 y From: To City: S7 oyed by that previous employer? Yes From: To City: S7 oyed by that previous employer? Yes eyed by that previous employer? Yes S7 oyed by that previous employer? Yes From: To City: S7 oyed by that previous employer? Yes From: To City: S7

			Page 4
Last Employer:			
Position held:	From:	То	
Position held:Address:	City:	S	Γ:
Telephone #:			
Reason For Leaving:			
Were you subject to the FMCSRs while e			_ No
Last Employer:			
Position held:Address:	From:	To	
			Γ:
Telephone #:			
Reason For Leaving:			
Were you subject to the FMCSRs while e	mployed by that previous e	employer? Yes	No
391.23(i)(1) The prospective emp Transportation regulated employment dur other written document prior to any hiring regarding the investigative information th to paragraphs (d) and (e) of this section:	ing the preceding three year decision-that he or she ha	rs-via the applica s the following rig	tion form or ghts
(i)(1)(i) The right to review information p	rovided by previous emplo	yers;	
(i)(1)(ii) The right to have errors in the int that previous employer to re-send the corr			
(i)(1)(iii) The right to have a rebuttal state the previous employer and the driver cann			
(i)(2) Drivers who have previous Department the preceding three years, and wish to revinformation must submit a written request time, including when applying, or as late a denial of employment. The prospective erwithin five (5) business days of receiving yet received the requested information from days deadline will begin when the prosperformance history information. If the driver records within thirty (30) days of the prospective motor carrier may consider the records.	iew previous employer-protet to the prospective employ as 30 days after being employer must provide this in the written request. If the point the previous employer (sective employer receives the river has not arranged to propective employer making the total process.	ovided investigative, which may be loyed or being not information to the prospective employ, then the five-bute requested safety ck up or receive them available, the sher request to re-	done at any tified of applicant yer has not usiness y he requested eview the
This certifies that this application was cor in it are true to the best of my knowledge.		entries on it and i	nformation
Applicant's Signature		DATE	

Prior Empl	oyer Check Form		Page 1
Your Company Name:			
Street Address:	City:	State:	
Telephone#:	Fax#:		
Email Address:			
Driver Applicant Name:		Social Security No.	
I hereby authorize and request	(Enter Prior Employer Com	pany Name and Address, Telephone	e & Fax number)
to release any and all infor by 49 CFR Section 391.23 and Se released from any and all liabilit Federal Motor Carrier Safety Re Driver Qualification Process. Pe release this information.	ection 40.25(b) to the y which may result f egulation require tha	above named company rom releasing such infor t this information be rel	. You are rmation. The leased as part of
391.23f) A prospective motor carrier emp meeting the requirements of §40.321(b driver refuses to provide this written cons operate a commercial motor vehicle for the	(a) for the release of the infection, the prospective motor	ormation in paragraph (e) of th	nis section. If the
(g) After October 29, 2004, previous emp	loyers must:		
(g)(1) Respond to each request for the DC days after the request is received (Drug a is no safety performance history informat nonetheless required to send a response condentification information and dates of em	nd Alcohol Testing Infor ion to report for that driver onfirming the non-existence	mation must be immediately r, previous motor carrier emplo	released). If there oyers are
(g)(2) Take all precautions reasonably nec	cessary to ensure the accur	acy of the records.	
(g)(3) Provide specific contact informatio correction or rebuttal of the data.	n in case a driver chooses	to contact the previous employ	ver regarding
(g)(4) Keep a record of each request and t released, and a summary identifying what		including the date, the party to	whom it was
Driver Signature:		Date:	

Witnessed by:

In the composition of the concentration of O.4 or greater while in your employ? ()Yes ()No 2. Has the above named individual had a controlled substance test or alcohol test while in your employ? ()Yes ()No 3. Dias the above individual refused a controlled substance test or alcohol test while in your employ? ()Yes ()No 4. Other violations of DOT Agency Drug and Alcohol testing regulations? ()Yes ()No 4. Other violations of DOT Agency Drug and Alcohol testing regulations? ()Yes ()No 4. Other violations of DOT Agency Drug and Alcohol testing regulations? ()Yes ()No 4. Other violations of DOT Agency Drug and Alcohol testing regulations? ()Yes ()No 4. Other violations of DOT Agency Drug and Alcohol testing regulations? ()Yes ()No 5. Do you have documentation of the employee's successful completion of the 49 CFR Subpart O return to duty requirements? ()Yes ()No-()Attached ()Not Attached Signed by: Date: By Prior Employer Official Title:	The above app	plicant states that he/she wo	orked fo	or you. Emp	ployn	nent dates	}
Trailer used. [Van [Flatbed [Refrigerated [Cargo Tank [Triples [Doubles 2. Was the applicant safe and efficient? [Yes [] No Remarks: 3. Did the applicant have any accidents? [] Yes [] No Injury Fatal 4. Reason for leaving your employ. [Discharged [] Laid off [] Resigned [] Other: How was the driver in: EXCELLENT GOOD POOR EXCELLENT GOOD EXCELLENT GOOD POOR EXCELLENT EXCELLENT EXCELLENT EXCE							
Trailer used. [Van [Flatbed [Refrigerated [Cargo Tank [Triples [Doubles 2. Was the applicant safe and efficient? [Yes [] No Remarks: 3. Did the applicant have any accidents? [] Yes [] No Injury Fatal 4. Reason for leaving your employ. [Discharged [] Laid off [] Resigned [] Other: How was the driver in: EXCELLENT GOOD POOR EXCELLENT GOOD EXCELLENT GOOD POOR EXCELLENT EXCELLENT EXCELLENT EXCE	1. Type of equ	ipment driven []Straight t	ruck []	Tractor sen	ni-tra	iler []Bus	
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	Phone#:	5	iaie.				

NOTE: Failure to furnish information as required by 49 CRF 382.413 & 40.25 will result in the above named individual being removed from any CDL driving position.

You are required to release this information immediately per 49 CFR 382.405(f) & 40.25(h). Fines and penalties for not releasing this information is found in 49 CFR 382.507 under 49 USC 521(b).

Fines and penalties for not releasing this information is found in 49 CFR 382.507 under 49 USC 521(b).

We reserve the right to notify the US DOT Federal Motor Carrier Safety Administration in the event the above information is not received.

Mailed On:	Faxed On:
Verified by Phone-Talked to:	
Signature:	Date:

PRIOR EMPLOYER CHECK 49 CFR 382.413/40.25 GOOD FAITH EFFORT COMPANY NAME: STREET ADDRESS: CITY: STATE: ZIP: TELEPHONE#: FAX#: PRIOR EMPLOYER CHECK 49 CFR 382.413/40.25 GOOD FAITH EFFORT 1. Call the company and record date, name and telephone number of who contacted. Fax the required Release with driver's signature. Wait 3 days, then go to step 2. 2. Call the company and record date, name, and telephone number of who contacted. Ask if they received the fax. If they say "Yes", ask for the information that is required. If they say "No", then go back to step 1. Wait 3 days, then go to step 3. 3. Send a certified letter containing the required Release with the driver's signature asking for the information that is required. Wait 10 days, then go to step 4. 4. If the company refuses to release the information, record it and send a copy of the driver's Release with the company's name on the form and a copy of this documentation to the US DOT-FMCSA NY Division, Leo W. O'Brien Federal Building, Room 815, Clinton Ave. & N. Pearl St., Albany, NY 12207, Tel: 518-431-4145, Fax: 518-431-4140. DRIVER NAME: Date: Tel: Who Contacted Fax: 1. Notes: DRIVER NAME: Date: Tel: Who Contacted Fax: Notes: DRIVER NAME: Who Contacted Tel: Date: Fax: 3. Notes:

Conducted By:
Date Completed (Info received or sent to USDOT):

One of the qualification requirements in §391.11(b) states that "by reason of training and/or experience" he/she can safely operate the motor vehicle to be assigned. §391.31 provides the employing carrier with the means for making this determination by requiring a driver to successfully complete a road test.

The road test must be conducted using a motor vehicle of the type the driver is to be assigned, and as a minimum the test must include:

- 1. A pretrip inspection;
- 2. Coupling and uncoupling a combination, if the driver may drive such equipment;
- 3. Placing the vehicle in operation;
- 4. Using the vehicle's controls and emergency equipment;
- 5. Driving in traffic and passing other vehicles;
- 6. Turning;
- 7. Braking, and slowing by means other than braking; and
- 8. Backing and parking.

The motor carrier is required to rate the driver's skill in each operation on a road test form, which shall then be signed by the person giving the test. The original of this record is to be retained in the driver's qualification file.

Upon successful completion of the road test, the person administering the test must complete a certificate of road test and give a copy to the driver. The original or a copy of the certificate is to be placed in the driver's qualification file.

Equivalent of Road Test

In lieu of a road test, the regulations allow a motor carrier to accept:

- 1. a valid Commercial Driver's License (CDL) issued by a state which requires a road test for the type of vehicle the driver is to be assigned; or
- a certificate of road test issued to the driver by another motor carrier during the preceding 3 years.

If the employer intends to assign to the driver a vehicle necessitating the doubles/triples or tank vehicle endorsement on a CDL, the employer still needs to

If an employer accepts a previous road test certificate or operator's license in lieu of a road test, the employing carrier must retain a legible copy of the certificate or license in the driver's qualification file.

The form for the certificate of driver's road test is substantially as follows:

§391.31 CERTIFICATION OF ROAD TEST

Oriver's name
Social Security No.
Operator's or Chauffeur's License No.
State
Type of power unit Type of trailer(s)
f passenger carrier, type of bus
This is to certify that the above-named driver was given a road test under my supervision on, 20, consisting of approximately miles of driving.
It is considered my opinion that this driver possesses sufficient driving skills to operate safely the type of commercial motor vehicle listed above.
(Signature of examiner)
(Title)
(Organization and address of examiner)

A copy of the certificate shall be given to the person who was examined. The motor carrier shall retain in the driver qualification file of the person who was examined — The original of the signed road test form or a copy of the certificate.

Entry-Level Driver Training Certificate

[Applicable to interstate drivers who have less than one year experience driving CDL Vehicles] Date of certificate issuance: Name of training provider: Mailing address of training provider: Name of driver: I certify _____ has completed training requirements set forth in the Federal Motor Carrier Safety Regulations for entry-level driver training in accordance with 49 CFR 380.503-Entry-level driver training requirements as described below. (a) Driver qualification requirements. The Federal rules on medical certification, medical examination procedures, general qualifications, responsibilities, and disqualifications based on various offenses, orders, and loss of driving privileges (part 391, subparts B and E of this subchapter). (b) Hours of service of drivers. The limitations on driving hours, the requirement to be off-duty for certain periods of time, record of duty status preparation, and exceptions (part 395 of this subchapter). Fatigue countermeasures as a means to avoid crashes (c) Driver wellness. Basic health maintenance including diet and exercise. The importance of avoiding excessive use of alcohol. (d) Whistleblower protection. The right of an employee to question the safety practices of an employer without the employee's risk of losing a job or being subject to reprisals simply for stating a safety concern (29 CFR part 1978). Certification ______. I certify and attest that the above Instructor Name ___ named driver has received the required training in accordance with Part 380.503 and have complied with the training requirement outlined in Parts 380.500 through 380.513.

ANNUAL CERTIFICATE OF VIOLATIONS AND REVIEW OF DRIVING RECORD IN ACCORDANCE WITH FMCSR PART 391.25 & 391.27

Driver Name:		License #:	St:							
ANNUAL CERTIFICATE OF VIOLATIONS										
I certify that the following is a true and complete list of traffic violations (other than parking violations) for which I have been convicted or forfeited bond or collateral during the past 12 months. [] Violations are as listed below [] I have had no violations.										
Date of Conviction	Offense	Location	Type of Motor Vehicle operated							
If no violations are listed above, I certify that I have not been convicted or forfeited bond or collateral on account of any violation required to be listed during the past 12 months.										
Driver Signature:										
Reviewed By:	Reviewed By: Title:									
ANNUAL REVIEW OF DRIVING RECORD The motor carrier must consider any evidence that the driver has violated any applicable Federal										
Motor Carrier Safety Regulations in this subchapter or Hazardous Materials Regulations (49 CFR chapter I, subchapter C).										
The motor carrier must consider the driver's accident record and any evidence that the driver has violated laws governing the operation of motor vehicles, and must give great weight to violations, such as speeding, reckless driving, and operating while under the influence of alcohol or drugs, that indicate that the driver has exhibited a disregard for the safety of the public.										
In accordance with 49 Code of Federal Regulations Section 391.25, (Federal Motor Carrier Safety Regulations), all information pertinent to the above driver's safety of operation, including the list of violations furnished by him in accordance with 49 CFR Section 391.27, has been reviewed for the past 12 months.										
Reviewer:			Date:							

Medical Examination Report FOR COMMERCIAL DRIVER FITNESS DETERMINATION

649-F (6045)

1. DRIVER'S INFORMA	TION Driver completes	this section							
Driver's Name (Last, First, Middle) Social Security		Social Security No) .	Birthdate M / D / Y	Age	\square M		Certification rtification w-up	Date of Exam
Address	City, State, Zi	p Code	Work Tel: Home Te	. ,	Driver	License	No.	License Class A C B D Other	State of Issue
2. HEALTH HISTORY	Driver completes this	section, but medic	al examine	r is encouraged	to discuss	with dri	ver.		
Yes No Any illness or injury in Head/Brain injuries, dis Seizures, epilepsy medication Eye disorders or impair Ear disorders, loss of heart medication Heart disease or heart medication Heart surgery (valve repacemaker) High blood pressure Muscular disease Shortness of breath	e, emphysema, asthma, chronic bronchitis ase, dialysis e oblems elevated blood sugar controlled by: osychiatric disorders, e.g., severe depression ation				Yes No				
For any YES answer, indic over-the-counter medication			ian's name	and address, an	nd any curr	ent limi	tation	. List all medication	ons (including
I certify that the above info Medical Examiner's Certifi				curate, false or r				y invalidate the exa	amination and my
Medical Examiner's Com medications, including ove	ments on Health Hist	t ory (The medical e	xaminer m	ust review and d	iscuss with	n the dri			and potential hazards of

	(Medical Exan	niner co	ompletes	Section	n 3 throug	Jh 7) Name: Last,		First,		Mi	ddle,		
3. VISIO						e with or without corr s should be noted on					izontal	meridia	n
ratio with 20 as	s numerator and the sn	nallest type	e read at 20 fe	eet as denor	minator. If the	n-comparable values. Ir applicant wears correcting good tolerance and ada	ve lenses, these sh	ould be w	orn while vi	sual acuity	is being	tested. If	the driv
Numerical re	eadings must be pro	ovided.					recognize and disti	-	-				Yes
ACUITY	UNCORRECTED	CORRI	ECTED +	IORIZONTAL	FIELD OF VISI	ON signals and d	evices showing sta	ndard red	, green, and	l amber co	ors?		No
Right Eye	20/	20/	R	ight Eye			ets visual acuity re	equireme	ent only wh	en wearin	g:		
Left Eye	20/	20/	Le	eft Eye		Correct	ive Lenses						
Both Eyes	20/	20/				Monocular Vi	sion: Yes	No					
frequencies te umerical rea	sted and divide by 3. adings must be reco	orded.				n ISO for 500Hz, -10dB f	or 1,000 Hz, -8.5 dE	Right Ea	ar		Left Ear		
	tance from individual ered voice can first be		Right ear \ Fe	Left Ea	ır ∖Feet	b) If audiometer is used, re decibels. (acc. to ANSI 2		500 Hz	1000 Hz	2000 Hz	500 Hz	1000 Hz	2000 H
						400.200. (400. 10.1.10. 2		Average	:		Average	:	
5. BLOOD	PRESSURE/ PULSE	RATE	Numeric	al reading	s must be re	ecorded. Medical Exa	aminer should ta	ke at lea	st two rea	dings to	confirm	BP.	
Blood	Systolic Diastoli	С	Reading		Category	Expiration Da	<u>te</u>		Re	certificat	ion		
Pressure Driver qualif	ied if <u><</u> 140/90.		140-159/90-	-99	Stage 1	1 year			On	ear if <u><</u> 14 e-time cei 1-159/91-	tificate	for 3 mor	nths if
Pulse Rate: Regular Irregular 160-179/100-109 Stage 2 One-time certificate for 3 months. 1 year from date of								exam if <	140/00				
													140/90
			<u>>1</u> 80/110		Stage 3	6 months from	date of exam if <	<u>1</u> 0/90	6 n	nonths if <	140/90		<u>1</u> 40/90
	ORY AND OTHER T		DINGS		al readings n	nust be recorded.	date of exam if <		6 r SP. GR.	nonths if <u><</u> PROT		LOOD S	

7. PHYSICAL EXAM	MINATION	Height:	(in.) Weigh <u>t:</u>	(lbs.)	Nam	e: Last,	First,	Middle,		
Even if a condition does r	not disqualify a	a driver, the medi	disqualify a driver, particul cal examiner may consider ition, if neglected, could re	deferring t	ne drive	temporarily. Also, the d	river should be advise	n or is readily amenable to tre ed to take the necessary step	atment s to co	t. rrect
Check YES if there are an ability to operate a comm See <i>Instructions to the M</i>	ercial motor v	ehicle safely. En	the body system is normal ter applicable item number	. Discuss a before eac	ny YES h comm	answers in detail in the s ent. If organic disease is	pace below, and indic present, note that it I	cate whether it would affect the has been compensated for.	ne drive	∍r's
BODY SYSTEM	CHECK FO	OR:		YE	S* NO	BODY SYSTEM	CHECK FOR	R:	YES*	NO
1. General Appearance		rweight, tremor, s drug abuse.	signs of alcoholism, proble	m		7. Abdomen and Visce		enlarged spleen, masses, bruits, int abdominal wall muscle		
2. Eyes	motility, ocu nystagmus, aphakia, gla	ilar muscle imbal exophthalmos. <i>i</i> aucoma, macular	light, accommodation, oct ance, extraocular moveme Ask about retinopathy, cata degeneration and refer to	nt, aracts,		8. Vascular System	arterial bruits, v	and amplitude, cartoid or aricose veins.		
	specialist if	appropriate.				9. Genito-urinary System	em Hernias.			
3. Ears 4. Mouth and Throat	Scarring of perforated e		ane, occlusion of external o	canal,		 Extremities- Limb impaired. Driver modern be subject to SPE 	finger, Perceptil weakness, para	nent of leg, foot, toe, arm, hand, ble limp, deformities, atrophy, llysis, clubbing, edema,		
T. Modul dila Tillodi	Irremediable swallowing.	e deformities like	y to interfere with breathing	g or		certificate if otherw qualified.	hypotonia. Insu upper limb to ma Insufficient mob	ifficient grasp and prehension in aintain steering wheel grip. illity and strength in lower limb		
5. Heart		xtra sounds, enla defibrillator.	rged heart, pacemaker,			11. Spine, other		ry, deformities, limitation of		
Lungs and chest, not including breast examination	abnormal bi impaired res physical exa	reath sounds incl spiratory function	on, abnormal respiratory ra uding wheezes or alveolar , cyanosis. Abnormal findi urther testing such as pulm	rales, ngs on		musculoskeletal 12. Neurological	pattern; asymm sensory or posit	orium, coordination or speech etric deep tendon reflexes, tional abnormalities, abnormal binki's reflexes, ataxia.		
*COMMENTS:										
Note certification sta	tus here. Se	e Instructions to t	he Medical Examiner for g	uidance.		☐ Wearing corre				
□ Does not mee□ Meets standar	t standards ds, but period	lic monitoring req	for 2 year certificate uired due to onths		<u>-</u>	☐ Skill Performa☐ Driving withi	by atime of certification. ance Evaluation (SPE n an exempt intracity	zone (See 49 CFR 391.62)	must pı	resen
							operation of 49 CFR			
Temporarily d	isqualified due	e to (condition or	medication):		-	Medical Examiner's nam	e			

49 CFR 391.41 Physical Qualifications for Drivers

THE DRIVER'S ROLE

Responsibilities, work schedules, physical and emotional demands, and lifestyles among commercial drivers vary by the type of driving that they do. Some of the main types of drivers include the following: turn around or short relay (drivers return to their home base each evening); long relay (drivers drive 9-11 hours and then have at least a 10-hour off-duty period), straight through haul (cross country drivers); and team drivers (drivers share the driving by alternating their 5-hour driving periods and 5-hour rest periods.)

The following factors may be involved in a driver's performance of duties: abrupt schedule changes and rotating work schedules, which may result in irregular sleep patterns and a driver beginning a trip in a fatigued condition; long hours; extended time away from family and friends, which may result in lack of social support; tight pickup and delivery schedules, with irregularity in work, rest, and eating patterns, adverse road, weather and traffic conditions, which may cause delays and lead to hurriedly loading or unloading cargo in order to compensate for the lost time; and environmental conditions such as excessive vibration, noise, and extremes in temperature. Transporting passengers or hazardous materials may add to the demands on the commercial driver.

There may be duties in addition to the driving task for which a driver is responsible and needs to be fit. Some of these responsibilities are: coupling and uncoupling trailer(s) from the tractor, loading and unloading trailer(s) (sometimes a driver may lift a heavy load or unload as much as 50,000 lbs. of freight after sitting for a long period of time without any stretching period); inspecting the operating condition of tractor and/or trailer(s) before, during and after delivery of cargo; lifting, installing, and removing heavy tire chains; and, lifting heavy tarpaulins to cover open top trailers. The above tasks demand agility, the ability to bend and stoop, the ability to maintain a crouching position to inspect the underside of the vehicle, frequent entering and exiting of the cab, and the ability to climb ladders on the tractor and/or trailer(s).

In addition, a driver must have the perceptual skills to monitor a sometimes complex driving situation, the judgment skills to make quick decisions, when necessary, and the manipulative skills to control an oversize steering wheel, shift gears using a manual transmission, and maneuver a vehicle in crowded areas.

§391.41 PHYSICAL QUALIFICATIONS FOR DRIVERS

- (a) A person shall not drive a commercial motor vehicle unless he is physically qualified to do so and, except as provided in §391.67, has on his person the original, or a photographic copy, of a medical examiner's certificate that he is physically qualified to drive a commercial motor vehicle.
- (b) A person is physically qualified to drive a motor vehicle if that person:
- (1) Has no loss of a foot, a leg, a hand, or an arm, or has been granted a Skill Performance Evaluation (SPE) Certificate (formerly Limb Waiver Program) pursuant to §391.49.
- (2) Has no impairment of: (i) A hand or finger which interferes with prehension or power grasping; or (ii) An arm, foot, or leg which interferes with the ability to perform normal tasks associated with operating a commercial motor vehicle; or any other significant limb defect or limitation which interferes with the ability to perform normal tasks associated with operating a commercial motor vehicle; or has been granted a SPE Certificate pursuant to §391.49.
- (3) Has no established medical history or clinical diagnosis of diabetes mellitus currently requiring insulin for control;
- (4) Has no current clinical diagnosis of myocardial infarction, angina pectoris, coronary insufficiency, thrombosis, or any other cardiovascular disease of a variety known to be accompanied by syncope, dyspnea, collapse, or congestive cardiac failure.
- (5) Has no established medical history or clinical diagnosis

- of a respiratory dysfunction likely to interfere with his ability to control and drive a commercial motor vehicle safely.
- (6) Has no current clinical diagnosis of high blood pressure likely to interfere with his ability to operate a commercial motor vehicle safely.
- (7) Has no established medical history or clinical diagnosis of rheumatic, arthritic, orthopedic, muscular, neuromuscular, or vascular disease which interferes with his ability to control and operate a commercial motor vehicle safely.
- (8) Has no established medical history or clinical diagnosis of epilepsy or any other condition which is likely to cause loss of consciousness or any loss of ability to control a commercial motor vehicle;
- (9) Has no mental, nervous, organic, or functional disease or psychiatric disorder likely to interfere with his ability to drive a commercial motor vehicle safely;
- (10) Has distant visual acuity of at least 20/40 (Snellen) in each eye without corrective lenses or visual acuity separately corrected to 20/40 (Snellen) or better with corrective lenses, distant binocular acuity of at least 20/40 (Snellen) in both eyes with or without corrective lenses, field of vision of at least 70degrees in the horizontal meridian in each eye, and the ability to recognize the colors of traffic signals and devices showing standard red, green and amber;
- (11) First perceives a forced whispered voice in the better ear not less than 5 feet with or without the use of a hearing aid, or, if tested by use of an audiometric device, does not

- have an average hearing loss in the better ear greater than 40 decibels at 500 Hz, 1,000 Hz and 2,000 Hz with or without a hearing device when the audiometric device is calibrated to the American National Standard (formerly ASA Standard) Z24.5-1951;
- (12)(i) Does not use any drug or substance identified in 21 CFR 1308.11 Schedule I, an amphetamine, a narcotic, or other habit-forming drug.
- (ii) Does not use any non-Schedule I drug or substance that is identified in the other Schedules in 21 part 1308 except when the use is prescribed by a licensed medical practitioner, as defined in § 382.107, who is familiar with the driver's medical history and has advised the driver that the substance will not adversely affect the driver's ability to safely operate a commercial motor vehicle.
- (13) Has no current clinical diagnosis of alcoholism.

INSTRUCTIONS TO THE MEDICAL EXAMINER

General Information

The purpose of this examination is to determine a driver's physical qualification to operate a commercial motor vehicle (CMV) in interstate commerce according to the requirements in 49 CFR 391.41-49. Therefore, the medical examiner must be knowledgeable of these requirements and guidelines developed by the FMCSA to assist the medical examiner in making the qualification determination. The medical examiner should be familiar with the driver's responsibilities and work environment and is referred to the section on the form, **The Driver's Role**.

In addition to reviewing the **Health History** section with the driver and conducting the physical examination, the medical examiner should discuss common prescriptions and over-the-counter medications relative to the side effects and hazards of these medications while driving. Educate the driver to read warning labels on all medications. History of certain conditions may be cause for rejection, particularly if required by regulation, or may indicate the need for additional laboratory tests or more stringent examination perhaps by a medical specialist. These decisions are usually made by the medical examiner in light of the driver's job responsibilities, work schedule and potential for the conditions to render the driver unsafe.

Medical conditions should be recorded even if they are not cause for denial, and they should be discussed with the driver to encourage appropriate remedial care. This advice is especially needed when a condition, if neglected, could develop into a serious illness that could affect driving.

If the medical examiner determines that the driver is fit to drive and is also able to perform non-driving responsibilities as may be required, the medical examiner signs the medical certificate which the driver must carry with his/her license. The certificate must be dated. **Under current regulations, the certificate is valid for two years, unless the driver has a medical condition that does not prohibit driving but does require more frequent monitoring**. In such situations, the medical certificate should be issued for a shorter length of time. The physical examination should be done carefully and at least as complete as is indicated by the attached form. Contact the FMCSA at (202) 366-1790 for further information (a vision exemption, qualifying drivers under 49 CFR 391.64, etc.).

Interpretation of Medical Standards

Since the issuance of the regulations for physical qualifications of commercial drivers, the Federal Motor Carrier Safety Administration (FMCSA) has published recommendations called Advisory Criteria to help medical examiners in determining whether a driver meets the physical qualifications for commercial driving. These recommendations have been condensed to provide information to medical examiners that (1) is directly relevant to the physical examination and (2) is not already included in the medical examination form. The specific regulation is printed in italics and it's reference by section is highlighted.

Federal Motor Carrier Safety Regulations -Advisory Criteria-

Loss of Limb: §391.41(b)(1)

A person is physically qualified to drive a commercial motor vehicle if that person:

Has no loss of a foot, leg, hand or an arm, or has been granted a Skill Performance Evaluation (SPE) Certificate pursuant to Section 391.49.

Limb Impairment: §391.41(b)(2)

A person is physically qualified to drive a commercial motor vehicle if that person:

Has no impairment of: (i) A hand or finger which interferes with prehension or power grasping; or (ii) An arm, foot, or leg which interferes with the ability to perform normal tasks associated with operating a commercial motor vehicle; or (iii) Any other significant limb defect or limitation which interferes with the ability to perform normal tasks associated with operating a commercial motor vehicle; or (iv) Has been granted a Skill Performance Evaluation (SPE) Certificate pursuant to Section 391.49.

A person who suffers loss of a foot, leg, hand or arm or whose limb impairment in any way interferes with the safe performance of normal tasks associated with operating a commercial motor vehicle is subject to the Skill Performance Evaluation Certification Program pursuant to section 391.49, assuming the person is otherwise qualified.

With the advancement of technology, medical aids and equipment modifications have been developed to compensate for certain disabilities. The SPE Certification Program (formerly the Limb Waiver Program) was designed to allow persons with the loss of a foot or limb or with functional impairment to qualify under the Federal Motor Carrier Safety Regulations (FMCSRs) by use of prosthetic devices or equipment modifications which enable them to safely operate a commercial motor vehicle. Since there are no medical aids equivalent to the original body or limb, certain risks are still present, and thus restrictions may be included on individual SPE certificates when a State Director for the FMCSA determines they are necessary to be consistent with safety and public interest.

If the driver is found otherwise medically qualified (391.41(b)(3) through (13)), the medical examiner must check on the medical certificate that the driver is qualified only if accompanied by a SPE certificate. The driver and the employing motor carrier are subject to appropriate penalty if the driver operates a motor vehicle in interstate or foreign commerce without a curent SPE certificate for his/her physical disability.

Diabetes §391.41(b)(3)

A person is physically qualified to drive a commercial motor vehicle if that person:

Has no established medical history or clinical diagnosis of diabetes mellitus currently requiring insulin for control.

Diabetes mellitus is a disease which, on occasion, can result in a loss of consciousness or disorientation in time and space. Individuals who require insulin for control have conditions which can get out of control by the use of too much or too little insulin, or food intake not consistent with the insulin dosage. Incapacitation may occur from symptoms of hyperglycemic or hypoglycemic reactions (drowsiness, semiconsciousness, diabetic coma or insulin shock).

The administration of insulin is, within itself, a complicated process requiring insulin, syringe, needle, alcohol sponge and a sterile technique. Factors related to long-haul commercial motor vehicle operations, such as fatigue, lack of sleep, poor diet, emotional conditions, stress, and concomitant illness, compound the dangers, the FMCSA has consistently held that a diabetic who uses insulin for control does not meet the minimum physical requirements of the FMCSRs.

Hypoglycemic drugs, taken orally, are sometimes prescribed for diabetic individuals to help stimulate natural body production of insulin. If the condition can be controlled by the use of oral medication and diet, then an individual may be qualified under the present rule. CMV drivers who do not meet the Federal diabetes standard may call (202) 366-1790 for an application for a diabetes exemption.

(See Conference Report on Diabetic Disorders and Commercial Drivers and Insulin-Using Commercial Motor Vehicle Drivers at:

http://www.fmcsa.dot.gov/rulesregs/medreports.htm)

Cardiovascular Condition

§391.41(b)(4)

A person is physically qualified to drive a commercial motor vehicle if that person:

Has no current clinical diagnosis of myocardial infarction, angina pectoris, coronary insufficiency, thrombosis or any other cardiovascular disease of a variety known to be accompanied by syncope, dyspnea, collapse or congestive cardiac failure.

The term "has no current clinical diagnosis of" is specifically designed to encompass: "a clinical diagnosis of" (1) a current cardiovascular condition, or (2) a cardiovascular condition which has not fully stabilized regardless of the time limit The term "known to be

accompanied by" is designed to include a clinical diagnosis of a cardiovascular disease (1) which is accompanied by symptoms of syncope, dyspnea, collapse or congestive cardiac failure; and/or (2) which is likely to cause syncope, dyspnea, collapse or congestive cardiac failure.

It is the intent of the FMCSRs to render unqualified, a driver who has a current cardiovascular disease which is accompanied by and/or likely to cause symptoms of syncope, dyspnea, collapse, or congestive cardiac failure. However, the subjective decision of whether the nature and severity of an individual's condition will likely cause symptoms of cardiovascular insufficiency is on an individual basis and qualification rests with the medical examiner and the motor carrier. In those cases where there is an occurrence of cardiovascular insufficiency (myocardial infarction, thrombosis, etc.), it is suggested before a driver is certified that he or she have a normal resting and stress electrocardiogram (ECG), no residual complications and no physical limitations, and is taking no medication likely to interfere with safe driving.

Coronary artery bypass surgery and pacemaker implantation are remedial procedures and thus, not unqualifying. Implantable cardioverter defibrillators are disqualifying due to risk of syncope. Coumadin is a medical treatment which can improve the health and safety of the driver and should not, by its use, medically disqualify the commercial driver. The emphasis should be on the underlying medical condition(s) which require treatment and the general health of the driver. The FMCSA should be contacted at (202) 366-1790 for additional recommendations regarding the physical qualification of drivers on coumadin.

(See Cardiovasular Advisory Panel Guidelines for the Medical examination of Commercial Motor Vehicle Drivers at: http://www.fmcsa.dot.gov/rulesregs/medreports.htm)

Respiratory Dysfunction §391.41(b)(5)

A person is physically qualified to drive a commercial motor vehicle if that person:

Has no established medical history or clinical diagnosis of a respiratory dysfunction likely to interfere with ability to control and drive a commercial motor vehicle safely.

Since a driver must be alert at all times, any change in his or her mental state is in direct conflict with highway safety. Even the slightest impairment in respiratory function under emergency conditions (when greater oxygen supply is necessary for performance) may be detrimental to safe driving.

There are many conditions that interfere with oxygen exchange and may result in incapacitation, including emphysema, chronic asthma, carcinoma, tuberculosis, chronic bronchitis and sleep apnea. If the medical examiner detects a respiratory dysfunction, that in any way is likely to interfere with the driver's ability to safely control and drive a commercial motor vehicle, the driver must be referred to a specialist for further evaluation and therapy. Anticoagulation therapy for deep vein thrombosis and/or pulmonary thromboembolism is not unqualifying once optimum dose is achieved, provided lower extremity venous examinations remain normal and the treating physician gives a favorable recommendation.

Hypertension §391.41(b)(6)

A person is physically qualified to drive a commercial motor vehicle if that person:

Has no current clinical diagnosis of high blood pressure likely to interfere with ability to operate a commercial motor vehicle safely.

Hypertension alone is unlikely to cause sudden collapse; however, the likelihood increases when target organ damage, particularly cerebral vascular disease, is present. This regulatory criteria is based on FMCSA's Cardiovascular Advisory Guidelines for the Examination of CMV Drivers, which used the Sixth Report of the Joint National Committee on Detection, Evaluation, and Treatment of High Blood Pressure (1997).

Stage 1 hypertension corresponds to a systolic BP of 140-159 mmHg and/or a diastolic BP of 90-99 mmHg. The driver with a BP in this range is at low risk for hypertension-related acute incapacitation and may be medically certified to drive for a one-year period. Certification examinations should be done annually thereafter and should be at or less than 140/90. If less than 160/100, certification may be extended one time for 3 months.

A blood pressure of 160-179 systolic and/or 100-109 diastolic is considered Stage 2 hypertension, and the driver is not necessarily unqualified during evaluation and institution of treatment. The driver is given a one time certification of three months to reduce his or her blood pressure to less than or equal to 140/90. A blood pressure in this range is an absolute indication for anti-hypertensive drug therapy. Provided treatment is well tolerated and the driver demonstrates a BP value of 140/90 or less, he or she may be certified for one year from date of the initial exam. The driver is certified annually thereafter.

A blood pressure at or greater than 180 (systolic) and 110 (diastolic) is considered Stage 3, high risk for an acute BP-related event. The driver may **not** be qualified, even temporarily, until reduced to 140/90 or less and treatment is well tolerated. The driver may be certified for 6 months and biannually (every 6 months) thereafter if at recheck BP is 140/90 or less.

Annual recertification is recommended if the medical examiner does not know the severity of hypertension prior to treatment.

An elevated blood pressure finding should be confirmed by at least two subsequent measurements on different days.

Treatment includes nonpharmacologic and pharmacologic modalities as well as counseling to reduce other risk factors. Most antihypertensive medications also have side effects, the importance of which must be judged on an individual basis. Individuals must be alerted to the hazards of these medications while driving. Side effects of somnolence or syncope are particularly undesirable in commercial drivers.

Secondary hypertension is based on the above stages.

Epilepsy §391.41(b)(8)

A person is physically qualified to drive a commercial motor vehicle if that person:

Has no established medical history or clinical diagnosis of epilepsy or any other condition which is likely to cause loss of consciousness or any loss of ability to control a motor vehicle.

Epilepsy is a chronic functional disease characterized by seizures or episodes that occur without warning, resulting in loss of voluntary control which may lead to loss of consciousness and/or seizures. Therefore, the following drivers cannot be qualified: (1) a driver who has a medical history of epilepsy; (2) a driver who has a current clinical diagnosis of epilepsy; or (3) a driver who is taking antiseizure medication.

If an individual has had a sudden episode of a nonepileptic seizure or loss of consciousness of unknown cause which did not require antiseizure medication, the decision as to whether that person's condition will likely cause loss of consciousness or loss of ability to control a motor vehicle is made on an individual basis by the medical examiner in consultation with the treating physician. Before certification is considered, it is suggested that a 6 month waiting period elapse from the time of the episode. Following the waiting period, it is suggested that the individual have a complete neurological examination. If the results of the examination are negative and antiseizure medication is not required, then the driver may be qualified.

In those individual cases where a driver has a seizure or an episode of loss of consciousness that resulted from a known medical condition (e.g., drug reaction, high temperature, acute infectious disease, dehydration or acute metabolic disturbance), certification should be deferred until the driver has fully recovered from that condition and has no existing residual complications, and not taking antiseizure medication.

Drivers with a history of epilepsy/seizures off antiseizure medication **and** seizure-free for 10 years may be qualified to drive a CMV in interstate commerce. Interstate drivers with a history of a single unprovoked seizure may be qualified to drive a CMV in interstate commerce if seizure-free **and** off antiseizure medication for a 5-year period or more.

(See Conference on Neurological Disorders and Commercial Drivers at:

http://www.fmcsa.dot.gov/rulesregs/medreports.htm)

Mental Disorders §391.41(b)(9)

A person is physically qualified to drive a commercial motor vehicle if that person:

Has no mental, nervous, organic or functional disease or psychiatric disorder likely to interfere with ability to drive a motor vehicle safely.

Emotional or adjustment problems contribute directly to an individual's level of memory, reasoning, attention, and judgment. These problems often underlie physical disorders. A variety of functional disorders can cause drowsiness, dizziness, confusion, weakness or paralysis that may lead to incoordination, inattention, loss of functional control and susceptibility to accidents while driving. Physical fatigue, headache, impaired coordination, recurring physical ailments and chronic "nagging" pain may be present to such a degree that certification for commercial driving is inadvisable. Somatic and psychosomatic complaints should be thoroughly examined when determining an individual's overall fitness to drive. Disorders of a periodically incapacitating nature, even in the early stages of development, may warrant disqualification.

Many bus and truck drivers have documented that "nervous trouble" related to neurotic, personality, or emotional or adjustment problems is responsible for a significant fraction of their preventable accidents. The degree to which an individual is able to appreciate, evaluate and adequately respond to environmental strain and emotional stress is critical when assessing an individual's mental alertness and flexibility to cope with the stresses of commercial motor vehicle driving.

When examining the driver, it should be kept in mind that individuals who live under chronic emotional upsets may have deeply ingrained maladaptive or erratic behavior patterns. Excessively antagonistic, instinctive, impulsive, openly aggressive, paranoid or severely depressed behavior greatly interfere with the driver's ability to drive safely. Those individuals who are highly susceptible to frequent states of emotional instability (schizophrenia, affective psychoses, paranoia, anxiety or depressive neuroses) may warrant disqualification. Careful consideration should be given to the side effects and interactions of medications in the overall qualification determination. See Psychiatric Conference Report for specific recommendations on the use of medications and potential hazards for driving.

(See Conference on Psychiatric Disorders and Commercial Drivers at:

http://www.fmcsa.dot.gov/rulesregs/medreports.htm)

Vision §391.41(b)(10)

A person is physically qualified to drive a commercial motor vehicle if that person:

Has distant visual acuity of at least 20/40 (Snellen) in each eye with or without corrective lenses or visual acuity separately corrected to 20/40 (Snellen) or better with corrective lenses, distant binocular acuity of at least 20/40 (Snellen) in both eyes with or without corrective lenses, field of vision of at least 70 degrees in the horizontal meridian in each eye, and the ability to recognize the colors of traffic signals and devices showing standard red, green, and amber.

The term "ability to recognize the colors of" is interpreted to mean if a person can recognize and distinguish among traffic control signals and devices showing standard red, green and amber, he or she meets the minimum standard, even though he or she may have some type of color perception deficiency. If certain color perception tests are administered, (such as Ishihara, Pseudoisochromatic, Yarn) and doubtful findings are discovered, a controlled test using signal red, green and amber may be employed to determine the driver's ability to recognize these colors.

Contact lenses are permissible if there is sufficient evidence to indicate that the driver has good tolerance and is well adapted to their use. Use of a contact lens in one eye for distance visual acuity and another lens in the other eye for near vision is not acceptable, nor telescopic lenses acceptable for the driving of commercial motor vehicles.

If an individual meets the criteria by the use of glasses or contact lenses, the following statement shall appear on the Medical Examiner's Certificate: "Qualified only if wearing corrective lenses."

CMV drivers who do not meet the Federal vision standard may call (202) 366-1790 for an application for a vision exemption.

(See Visual Disorders and Commercial Drivers at: http://www.fmcsa.dot.gov/rulesregs/medreports.htm)

Hearing §391.41(b)(11)

A person is physically qualified to drive a commercial motor vehicle if that person:

First perceives a forced whispered voice in the better ear at not less than 5 feet with or without the use of a hearing aid, or, if tested by use of an audiometric device, does not have an average hearing loss in the better ear greater than 40 decibels at 500 Hz, 1,000 Hz, and 2,000 Hz with or without a hearing aid when the audiometric device is calibrated to American National Standard (formerly ADA Standard) Z24.5-1951.

Since the prescribed standard under the FMCSRs is the American Standards Association (ANSI), it may be necessary to convert the audiometric results from the ISO standard to the ANSI standard. Instructions are included on the Medical Examination report form.

If an individual meets the criteria by using a hearing aid, the driver must wear that hearing aid and have it in operation at all times while driving. Also, the driver must be in possession of a spare power source for the hearing aid.

For the whispered voice test, the individual should be stationed at least 5 feet from the examiner with the ear being tested turned toward the examiner. The other ear is covered. Using the breath which remains after a normal expiration, the examiner whispers words or random numbers such as 66. 18.

23, etc. The examiner should not use only sibilants (s sounding materials). The opposite ear should be tested in the same manner. If the individual fails the whispered voice test, the audiometric test should be administered.

If an individual meets the criteria by the use of a hearing aid, the following statement must appear on the Medical Examiner's Certificate "Qualified only when wearing a hearing aid." (See Hearing Disorders and Commercial Motor Vehicle Drivers at:

http://www/fmcsa.dot.gov/rulesregs/medreports.htm)

Drug Use §391.41(b)(12)

A person is physically qualified to drive a commercial motor vehicle if that person does not use any drug or substance identified in 21 CFR 1308.11, an amphetamine, a narcotic, or other habit-forming drug. A driver may use a non-Schedule I drug or substance that is identified in the other Schedules in 21 part 1308 if the substance or drug is prescribed by a licensed medical practitioner who: (A) is familiar with the driver's medical history, and assigned duties; and (B) has advised the driver that the prescribed substance or drug will not adversely affect the driver's ability to safely operate a commercial motor vehicle.

This exception does not apply to methadone. The intent of the medical certification process is

to medically evaluate a driver to ensure that the driver has no medical condition which interferes with the safe performance of driving tasks on a public road. If a driver uses an amphetamine, a narcotic or any other habit-forming drug, it may be cause for the driver to be found medically unqualified. If a driver uses a Schedule I drug or substance, it will be cause for the driver to be found medically unqualified. Motor carriers are encouraged to obtain a practitioner's written statement about the effects on transportation safety of the use of a particular drug.

A test for controlled substances is not required as part of this biennial certification process. The FMCSA or the driver's employer should be contacted directly for information on controlled substances and alcohol testing under Part 382 of the FMCSRs.

The term "uses" is designed to encompass instances of prohibited drug use determined by a physician through established medical means. This may or may not involve body fluid testing. If body fluid testing takes place, positive test results should be confirmed by a second test of greater specificity. The term "habit-forming" is intended to include any drug or medication generally recognized as capable of becoming habitual, and which may impair the user's ability to operate a commercial motor vehicle safely.

The driver is medically unqualified for the duration of the prohibited drug(s) use and until a second examination shows the driver is free

from the prohibited drug(s) use. Recertification may involve a substance abuse evaluation, the successful completion of a drug rehabilitation program, and a negative drug test result. Additionally, given that the certification period is normally two years, the examiner has the option to certify for a period of less than 2 years if this examiner determines more frequent monitoring is required.

(See Conference on Neurological Disorders and Commercial Drivers and Conference on Psychiatric Disorders and Commercial Drivers at:

http://www.fmcsa.dot.gov/rulesregs/medreports.htm)

Alcoholism §391.41(b)(13)

A person is physically qualified to drive a commercial motor vehicle if that person: Has no current clinical diagnosis of alcoholism.

The term "current clinical diagnosis of" is specifically designed to encompass a current alcoholic illness or those instances where the individual's physical condition has not fully stabilized, regardless of the time element. If an individual shows signs of having an alcohol-use problem, he or she should be referred to a specialist. After counseling and/or treatment, he or she may be considered for certification.

MEDICAL EXAMINER'S CERTIFICATE											
I certify that I have examined In accordance with the Federal Motor Carrier Safety Regulations (49 CFR 391.41-391.49) and with knowledge of the driving duties, I find this person is qualified; and, if applicable, only when:											
wearing corrective lenses driving within an exempt intracity zone (49 CFR 391.62)											
I ☐ wearing hearing aid	☐ wearing hearing aid ☐ accompanied by a Skill Performance Evaluation Certificate (SPE)										
I accompanied by a waiver exemption	n ☐ Qualified by operation o	of 49 CFR	391.64		į						
I The information I have provided regarding this physical examination is true and complete. A complete examination form with any attachment embodies my findings completely and correctly, and is on file in my office.											
SIGNATURE OF MEDICAL EXAMINER	TELEPH	ONE		DATE I							
<u> </u>											
MEDICAL EXAMINER'S NAME (PRINT) I I I	☐ MD ☐ DO ☐ Chirop ☐ Advan ☐ Physician Assistant Nurse			nced I							
I MEDICAL EXAMINER'S LICENSE OR CERTIFICATE NO./ISSUING STATE											
I SIGNATURE OF DRIVER		DRIVER'	S LICENSE NO.	STA	TE I						
ADDRESS OF DRIVER											
MEDICAL CERTIFICATE EXPIRATION DATE											